

Willkommen
Welcome
Bienvenue



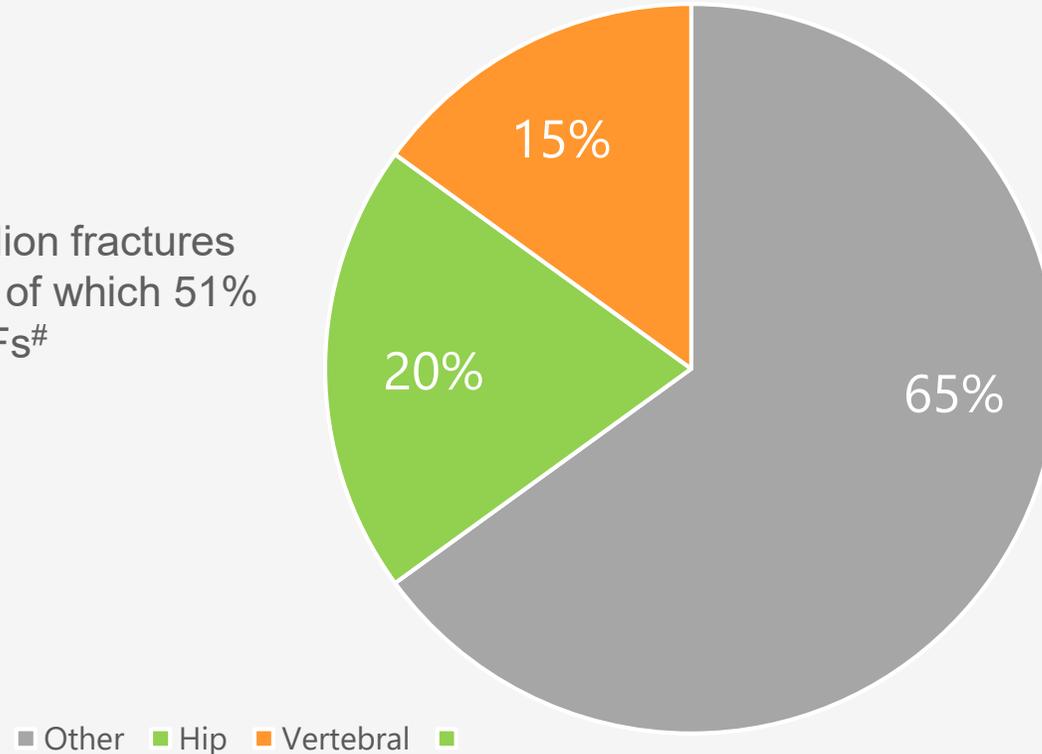
Combining bone proteotype and multiscale extracellular matrix properties for improved clinical fracture risk prediction

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Laboratory for Mechanics of Materials and Nanostructures

Motivation

Total *fragility fracture** number across *EU6***:

~2.7 million fractures in 2017, of which 51% are MOFs#



Associated healthcare cost per year increase:



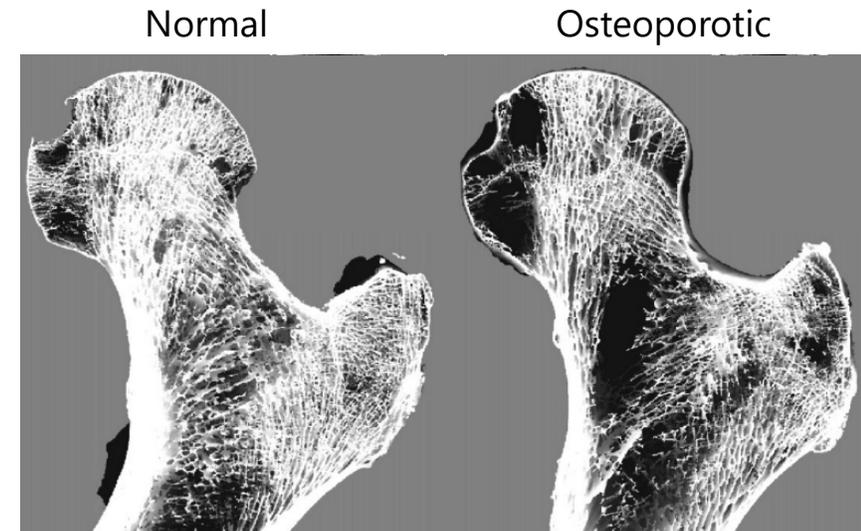
Data from International Osteoporosis Foundation (IOF)
www.iofbonehealth.org

- * fractures that result from low-level mechanical forces that would not ordinarily result in fracture
- ** EU6 nations: France, Germany, Italy, Spain, Sweden, and the UK
- # Major osteoporotic fracture (hip, spine, humerus, or forearm fractures)

 **WOMEN OVER 50 WILL EXPERIENCE** 
OSTEOPOROTIC FRACTURES. AS WILL  **MEN.**

www.iofbonehealth.org

- Imbalance of bone remodeling
- Loss of bone mass
- Changes in *bone quality**:
 - Microstructure
 - Microcrack density
 - Tissue organization and properties



Van Rietbergen et al., J Bone Min Res (2003)

* bone quality is the combination of various parameters contributing to fracture resistance

Fracture risk assessment in clinics

Current methods of assessing *bone density and fracture risk* in clinics:

Bone parameters	Methods	Disadvantages
Bone mineral density (BMD), geometry, microarchitecture	<ul style="list-style-type: none">• Dual-energy X-ray absorptiometry (DXA)• Quantitative computer tomography (QCT) variations: HR-QCT, μ-CT	<ul style="list-style-type: none">• Scans are affected by many artefacts• High radiation doze: from 5 μSv (HR-QCT) up to 1.2 mSv during hip QCT <p data-bbox="1989 648 2525 743"><i>Choksi et al. Clin Diabetes Endocrinol. (2018)</i> <i>A. Marques et al., Ann. Rheum. Dis. (2015)</i> <i>R. Krug et al., Radiol. Clin. North Am. (2010)</i></p>
BMD + Medical history	<ul style="list-style-type: none">• FRAX	<ul style="list-style-type: none">• Same as DXA/QCT <p data-bbox="2211 901 2525 929"><i>J.Kanis et al., Bone (2009)</i></p>
BMD, structure, and estimated strength	<ul style="list-style-type: none">• QCT-based Finite Element models (FE)	<ul style="list-style-type: none">• High radiation dose, average material properties used in simulations <p data-bbox="1905 1186 2525 1215"><i>F. Johannesdottir et al., Curr Osteoporos Rep (2018)</i></p>

State-of-the-art of multiscale bone characterization

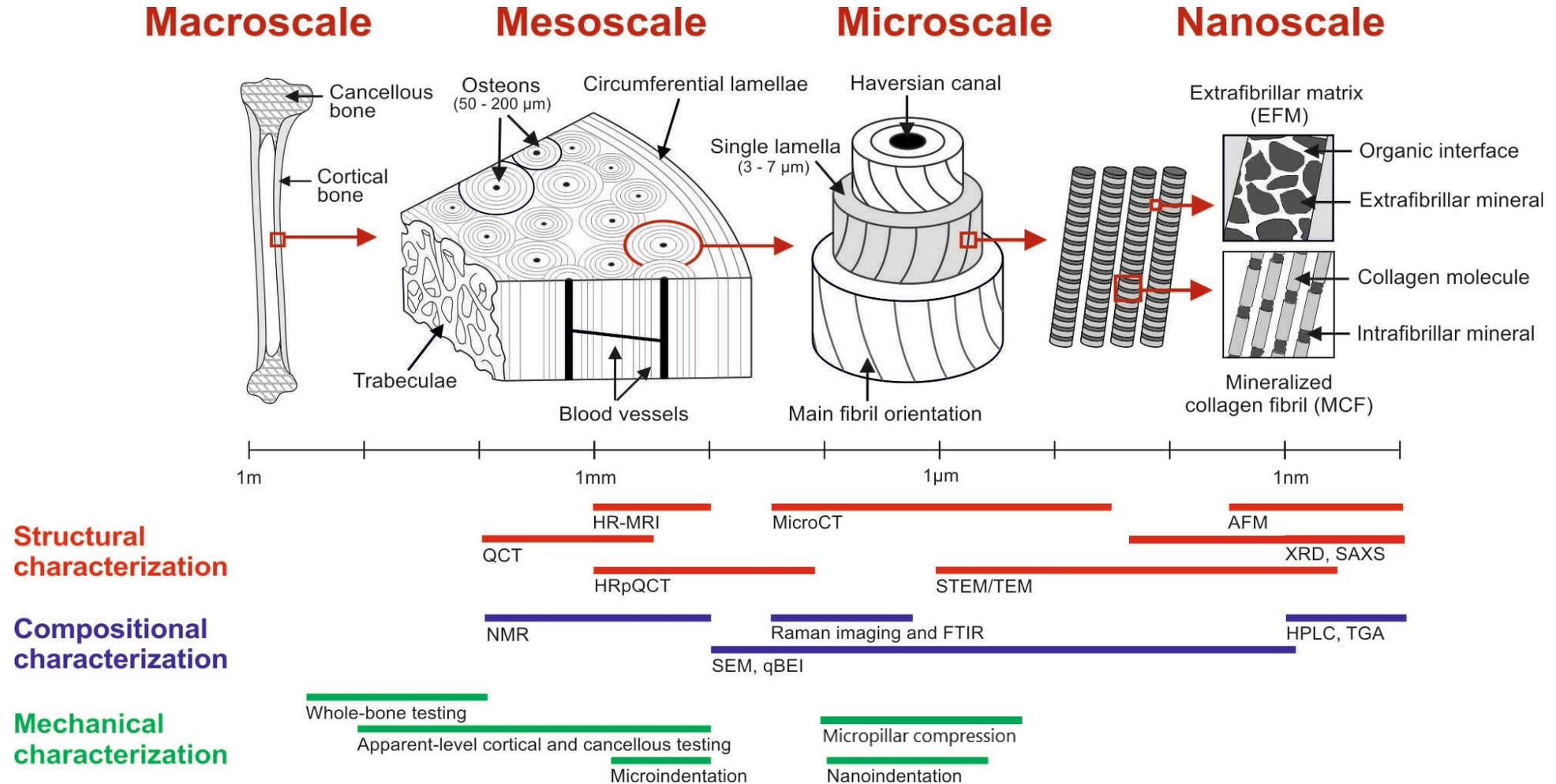
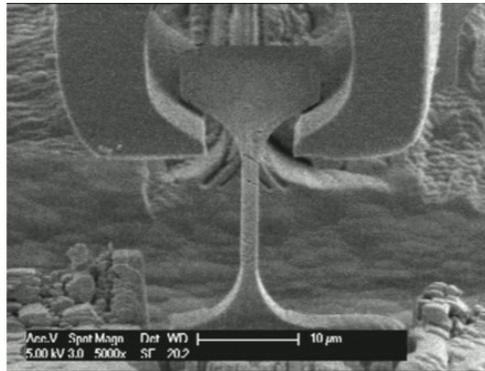


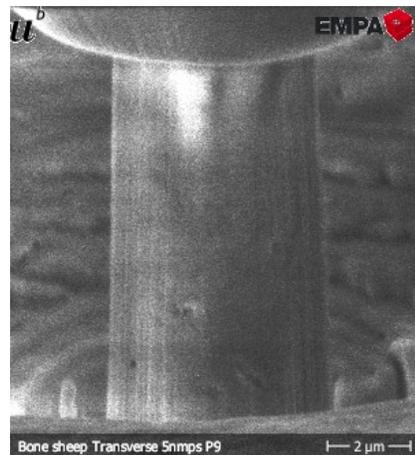
Figure modified from D.Casari et al. (2020) and Donnelly (2011)

Bone from a materials science perspective

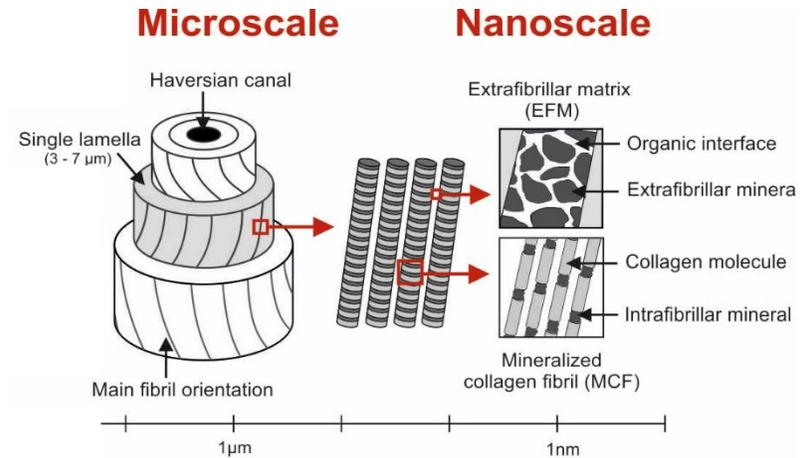
Mechanics



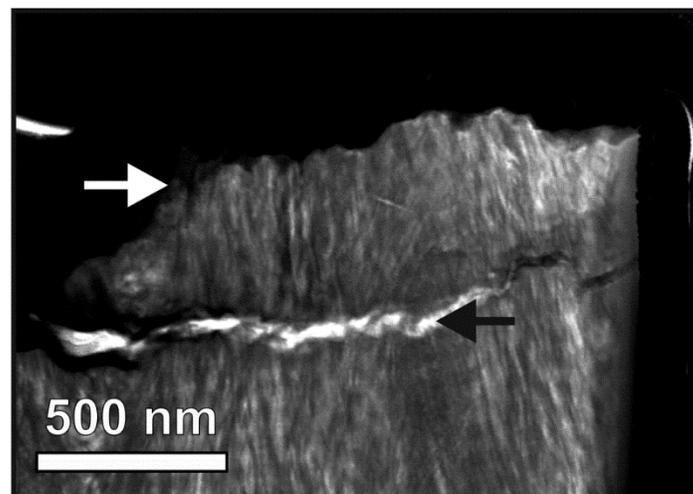
Casari et al., Acta Biomater., 2020



Schwiedrzik et al., Nat Mat. (2014)

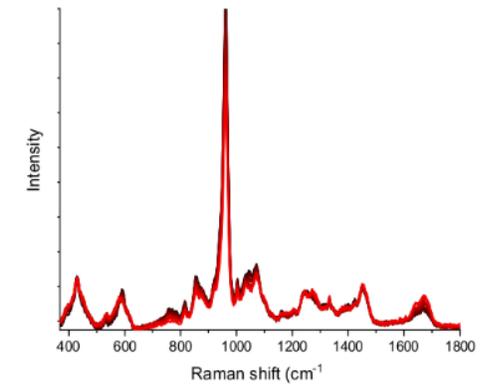


Failure mechanisms

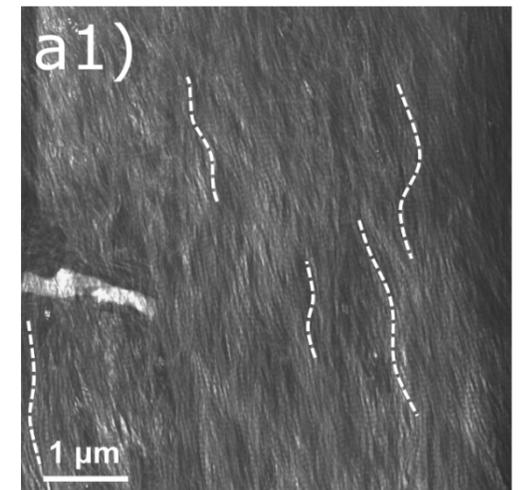


Casari et al., Acta Biomater., 2020

Composition and microstructure



Kochetkova & Peruzzi et al., Acta Biomater., 2021



Schwiedrzik et al., Acta Biomater., 2017

- **Can we use materials science methods to quantify bone quality?**

- Examine human bone

- multiscale morphology and composition,

- proteotype,

- and micromechanical properties

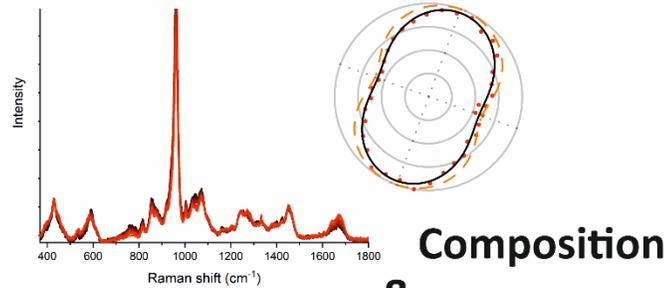
of patients who underwent total hip arthroplasty (THA).

- Correlate multimodal dataset with clinical information of each individual patient

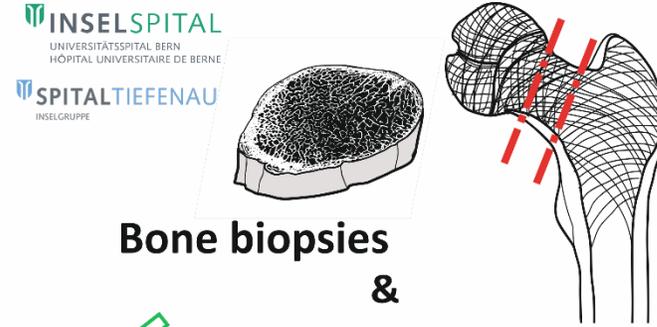
Hypothesis: integration of microscale properties and proteotype data can help to assess fracture risk and tailor treatments to **personal** needs based on screening of bone biopsies taken during surgery.

Study overview

- **Polarized Raman spectroscopy & micro-CT** for fast and non-destructive structural and compositional analysis



- **60 biopsies** from total hip arthroplasty (THA)



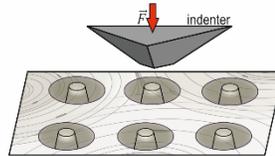
Bone biopsies & Patient information

- **SharePoint platform** for data collection (age, gender, disease, ...)

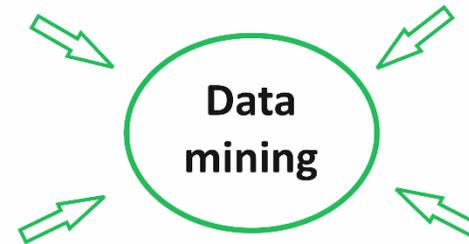
- **Femto-second laser ablation** for high throughput experiments



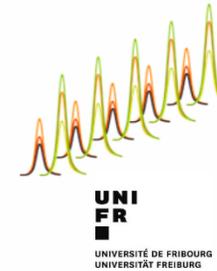
Micromechanics



- **Nanoindentation & Micropillar compression** to study microscale elastic and post-yield bone properties



Proteomics analysis

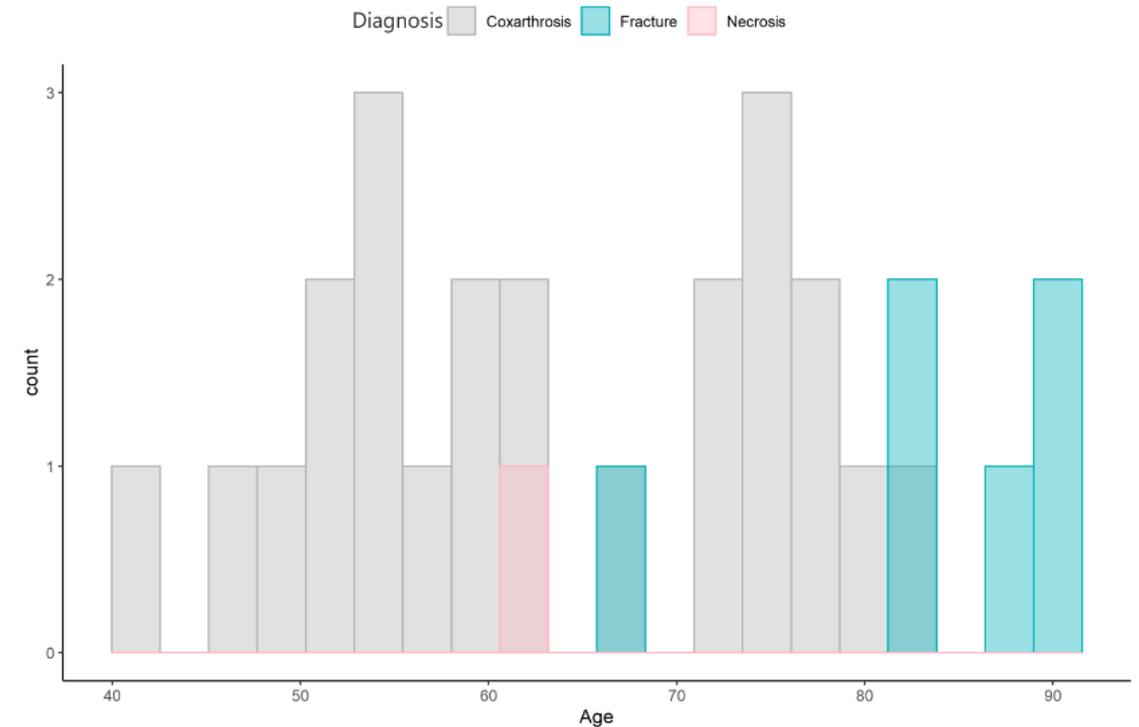
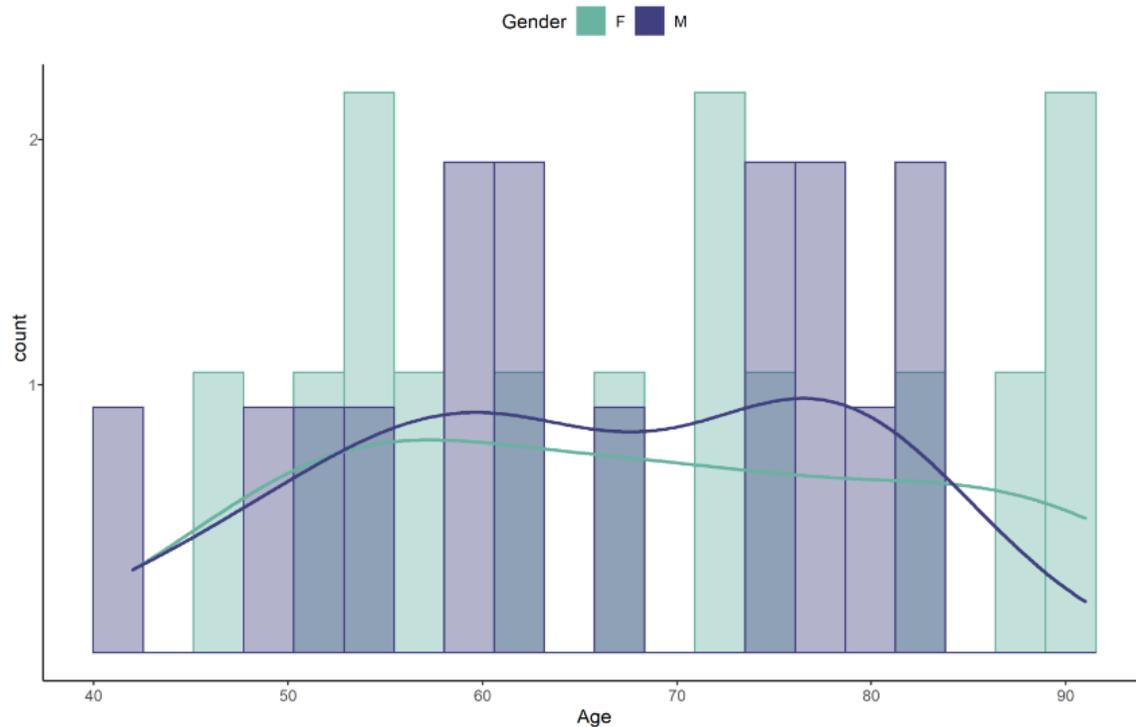


- quantitative protein matrices collection via **Data-Independent Acquisition (DIA) MS/MS workflow**

Improved clinical diagnostics

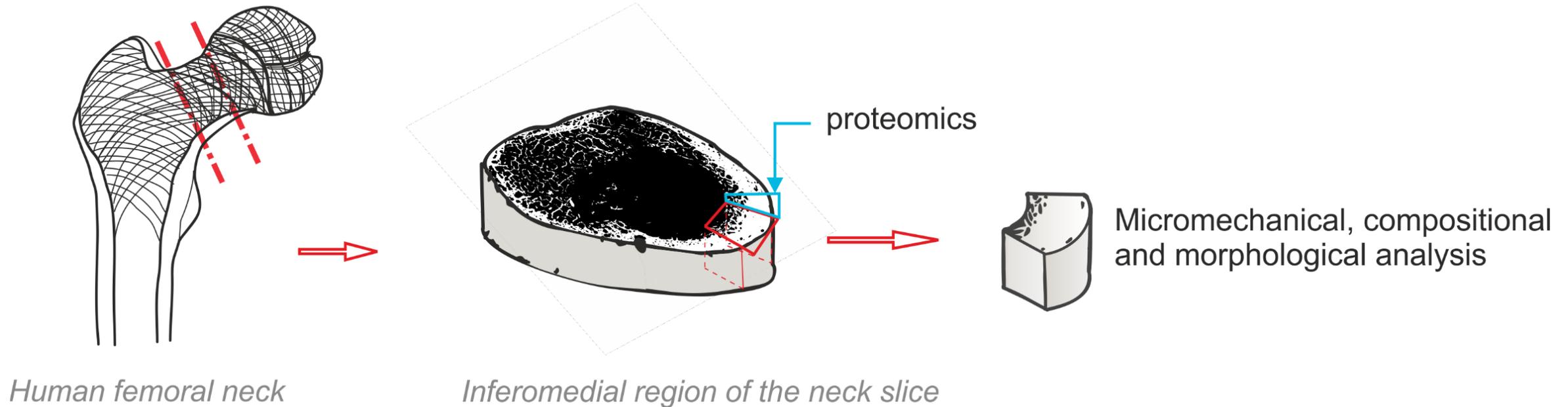
Patient cohort

- Indicators:
 - Age, Gender, Femur side
 - Primary, and secondary diagnoses
 - Blood tests results: blood type, electrolytes, metabolites, hematogram
- Primary diagnoses: coxarthrosis, fall fracture.
- Secondary diagnoses: Obesity/Cachexia, Hypertension, Diabetes Type 2.

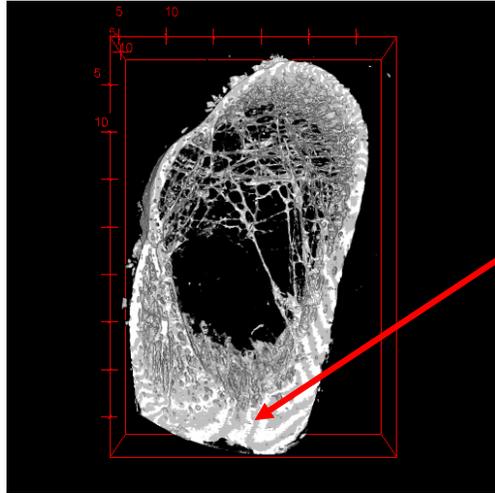


Biopsy collection

- **60 biopsies** from total hip arthroplasty (THA)

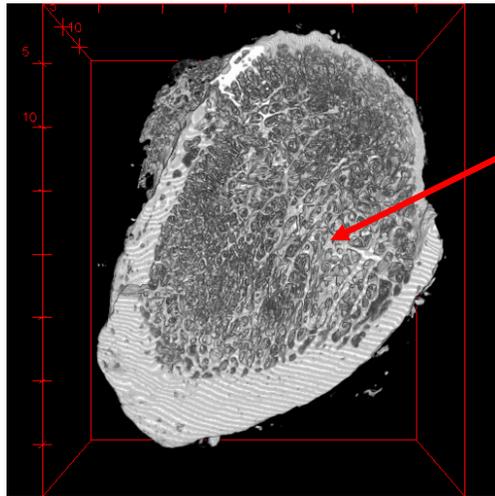


Bone morphology by micro-CT



■ Cortical region:

- Cortical thickness
- Tissue mineral density
- Bone mineral density
- Bone volume/total volume
- Anisotropy



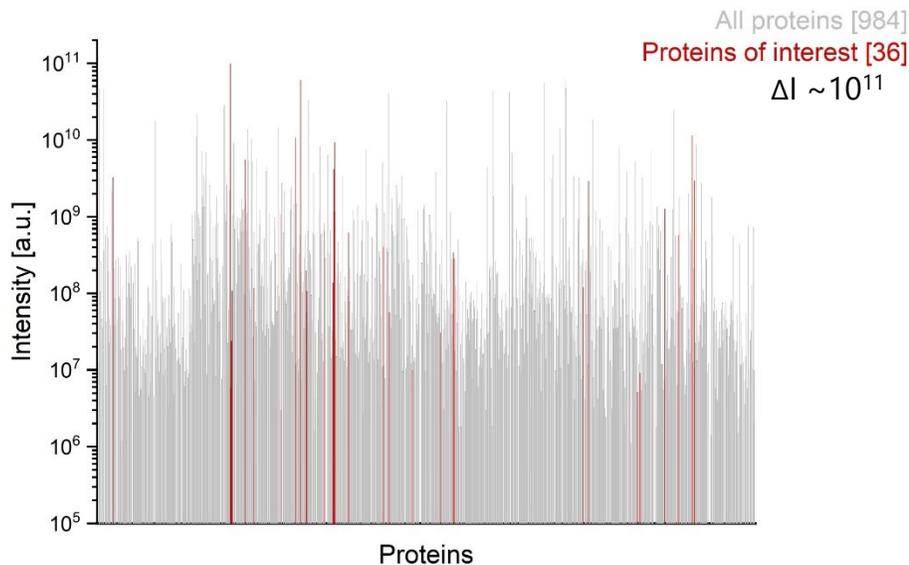
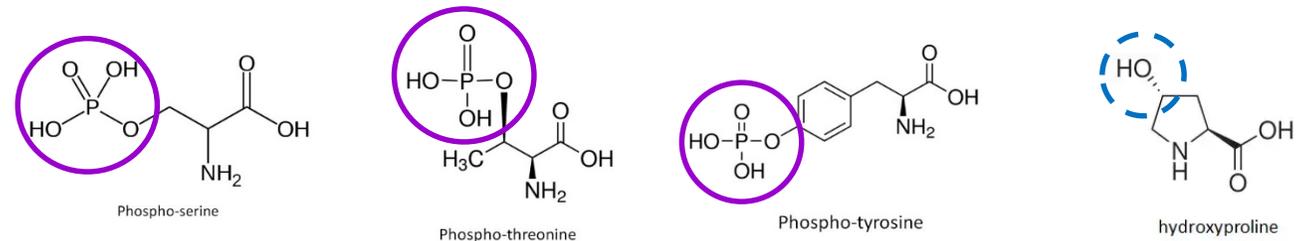
■ Trabecular region:

- Trabecular thickness
- Trabecular separation
- Connectivity

→ **Comparison to clinically available techniques (QCT, DXA)**

ECM proteotype analysis

- Quantitative label-free proteomics analysis of bone extracellular matrix proteins
- Post-translational modifications:
 - serine/threonine/tyrosine phosphorylation,
 - proline hydroxylation

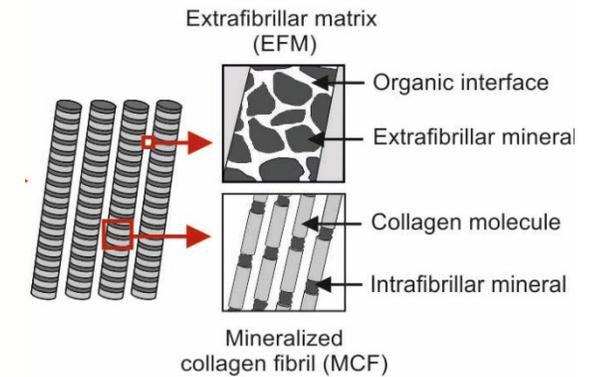
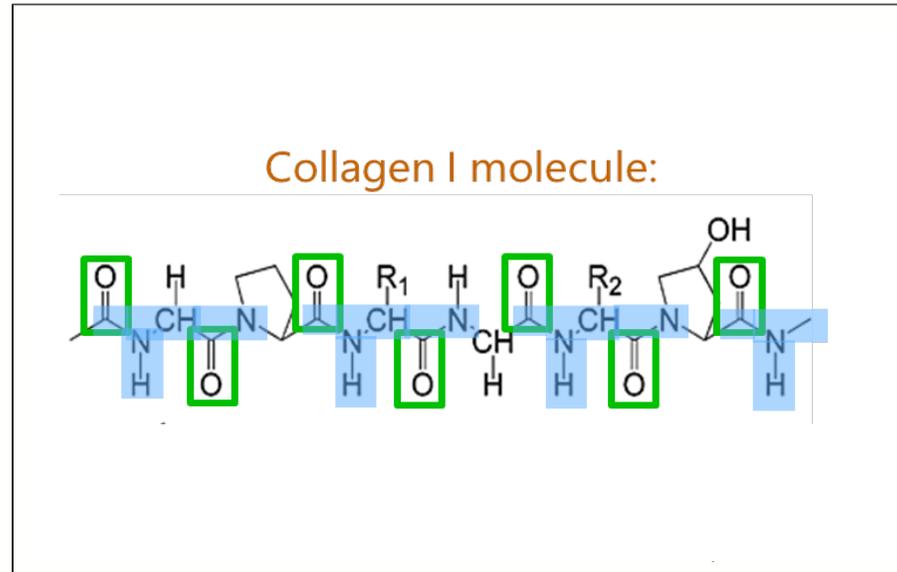
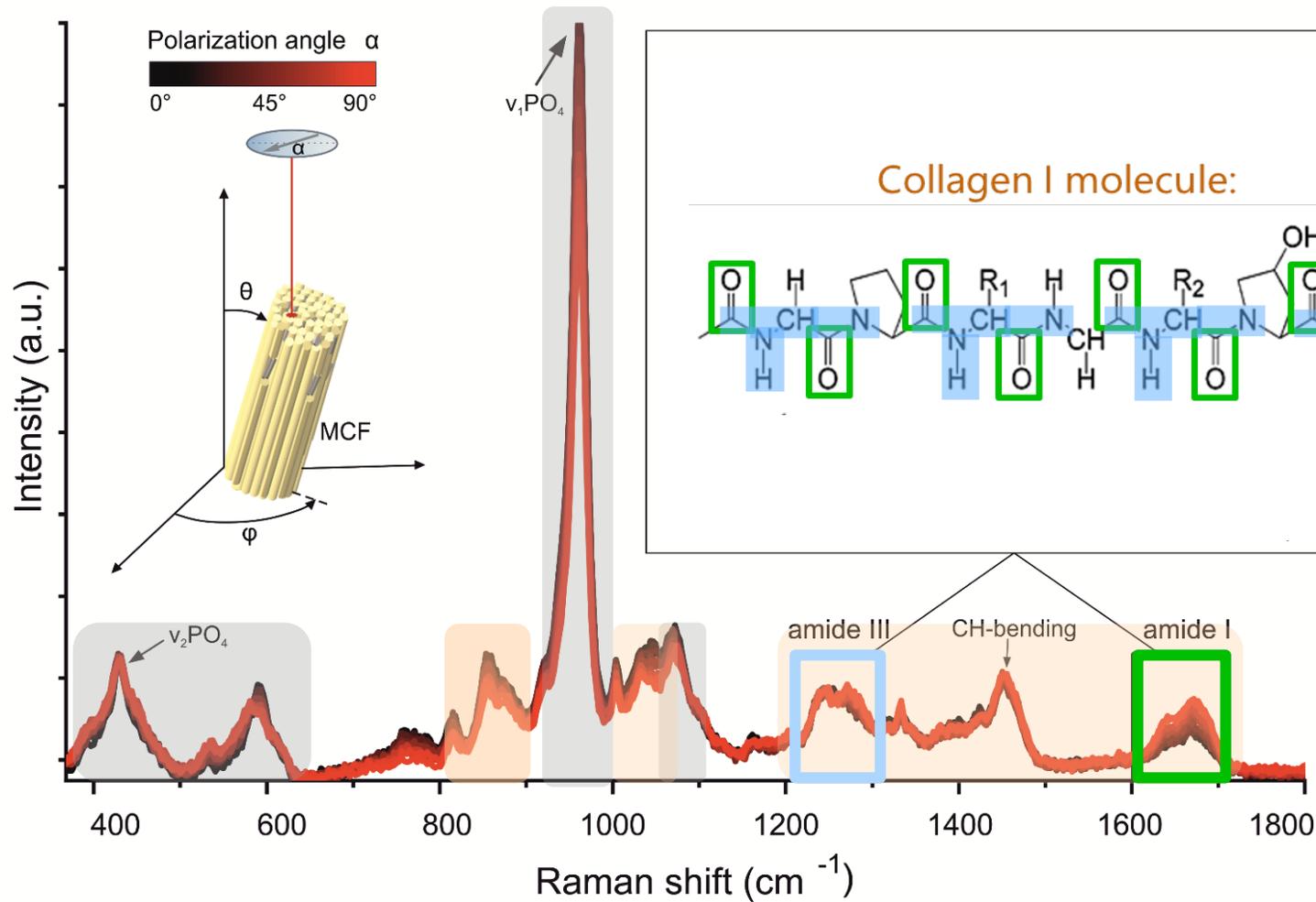


Proteins of interest:

- Collagen: Type I, III, V
- Non-collagenous proteins (NCP): Osteocalcin, Osteopontin, Fibronectin, Thrombospondin-2, Matrix gla protein, Bone sialoprotein II, decorin

→ **Role of collagen and NCP in bone quality**

Polarized Raman Spectroscopy



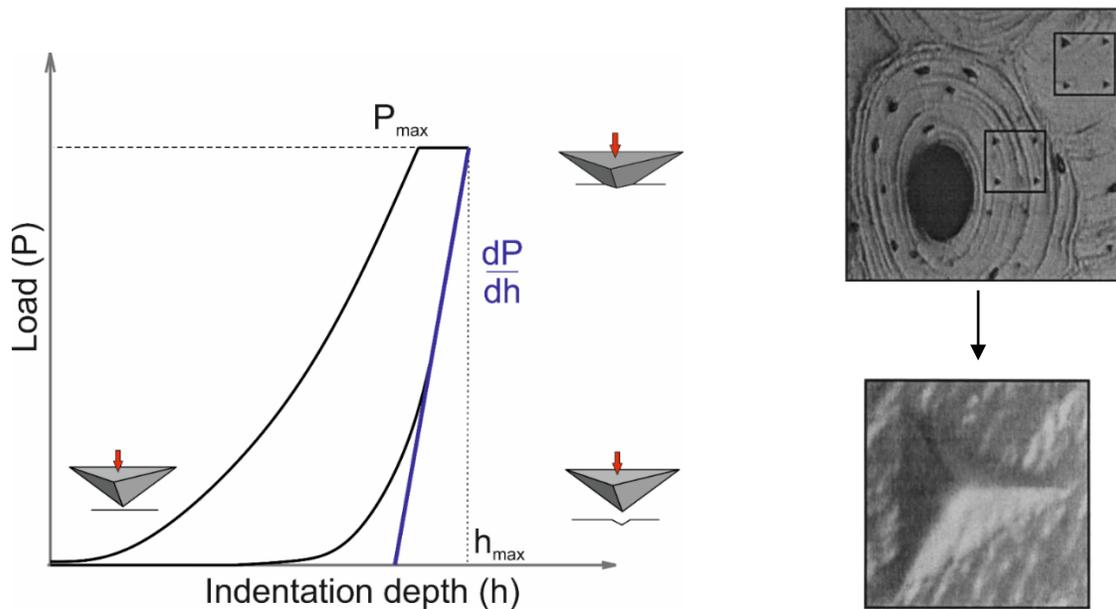
- Mineral
- Collagen

→ **Bone matrix composition and microstructure**

Micromechanical experiments

Nanoindentation

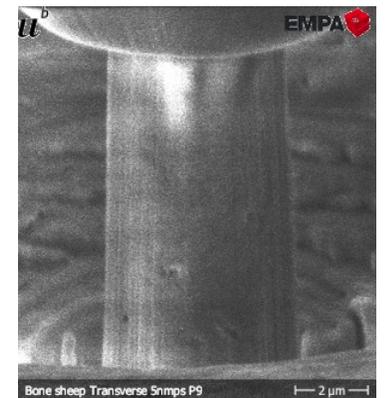
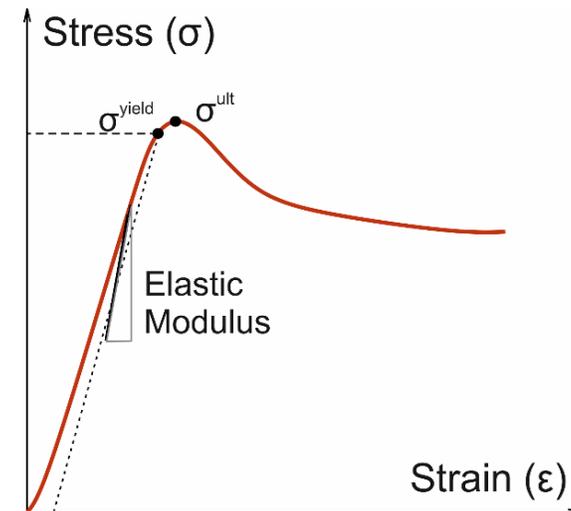
- Allows measuring local hardness and modulus
- Complex stress field below the tip
- Contact area function assumptions



P.K. Zysset et al., J. Biomech. (1999)

Micropillar compression

- Flat punch indenter tip, micropillar with known geometry
- Uniaxial stress field in the volume of interest
- Elastic and post-yield properties

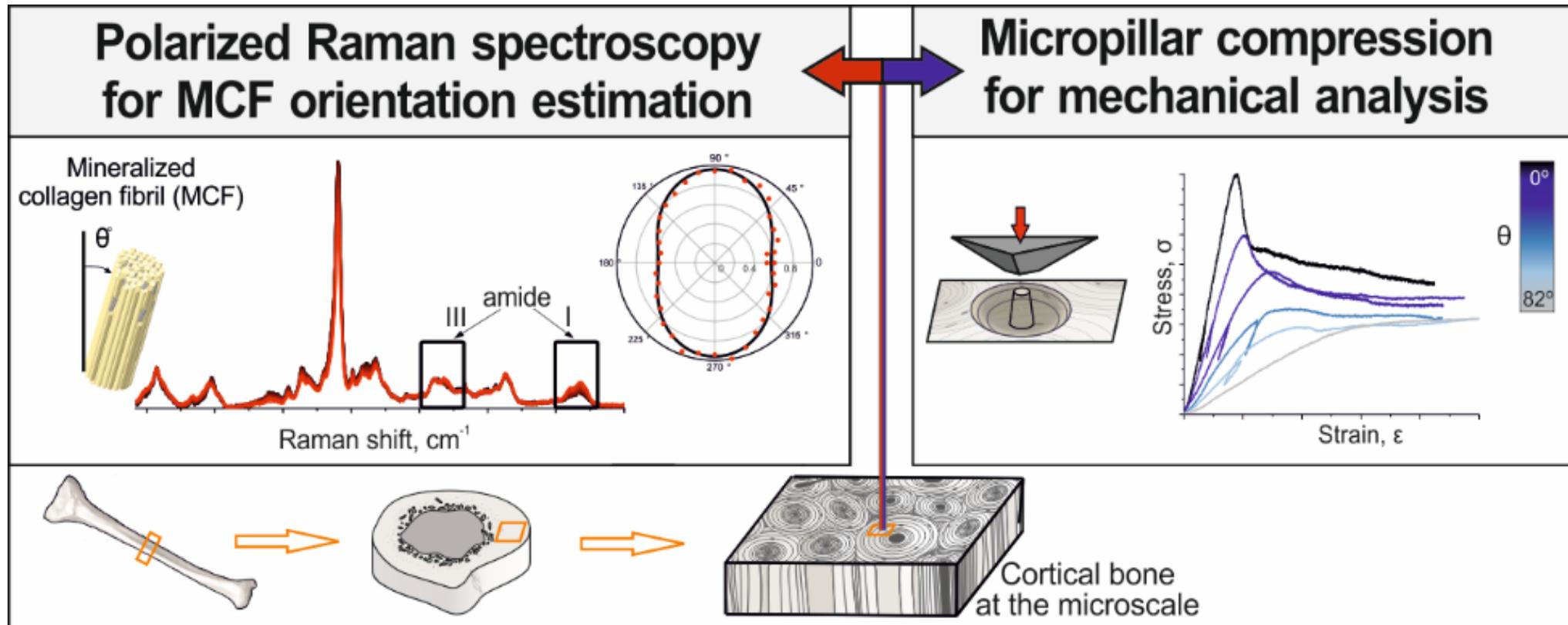


Schwiedrzik et al., Nat Mat. (2014)

→ **Mechanical properties of individual bone lamellae**

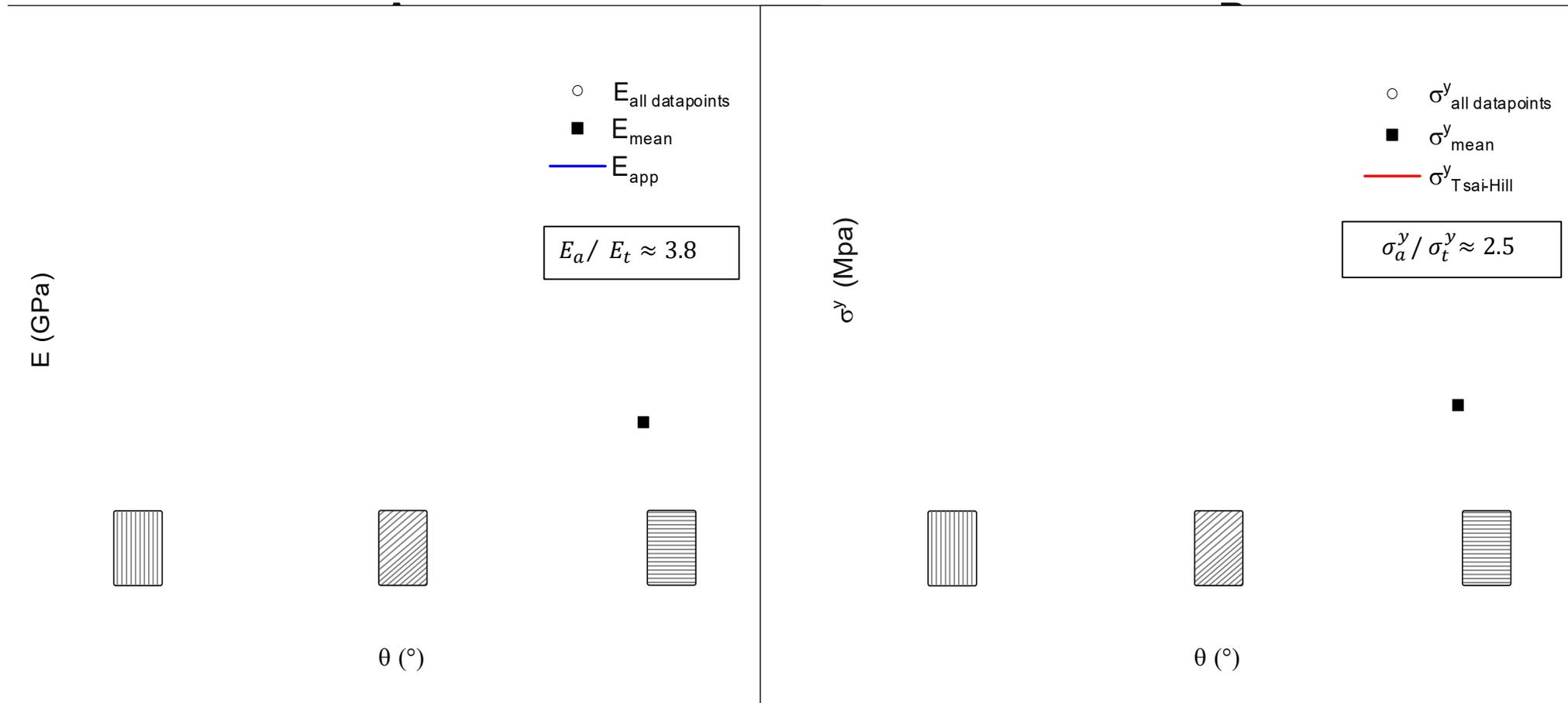
Combining polarized Raman spectroscopy and micropillar compression to study microscale structure-property relationships in mineralized tissues

- **Development of the qPRS method** that allows measuring local MCF angle with uncertainty $< 10^\circ$
- Unique **spectrum of microscale mechanical data** for MCF orientations from 0° to 82°



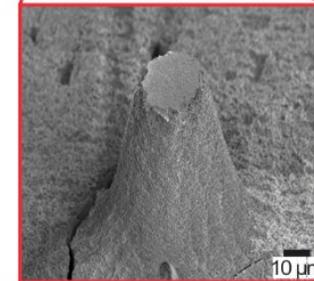
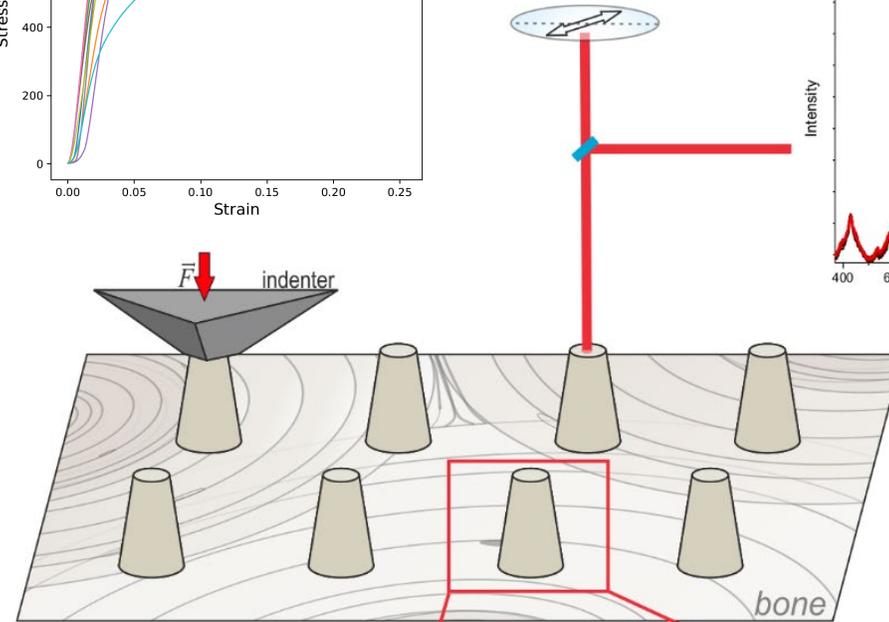
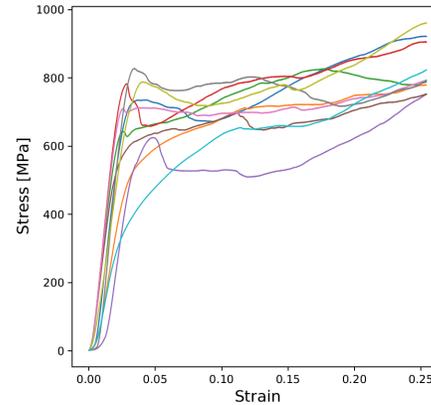
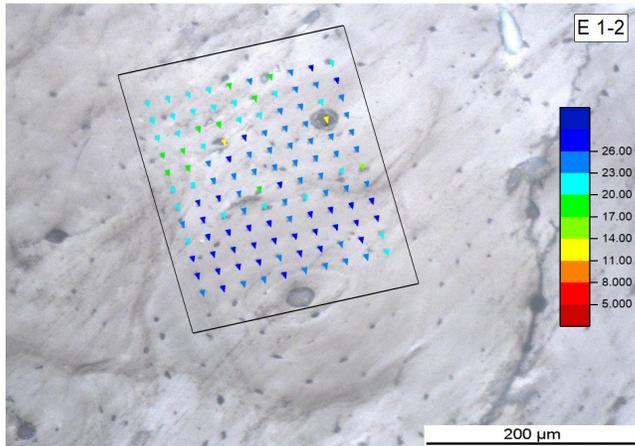
Compression tests on bovine cortical bone micropillars with known mineralized collagen fibril angles

Elastic modulus (A) and yield stress (B) vs. collagen fibril orientation θ :



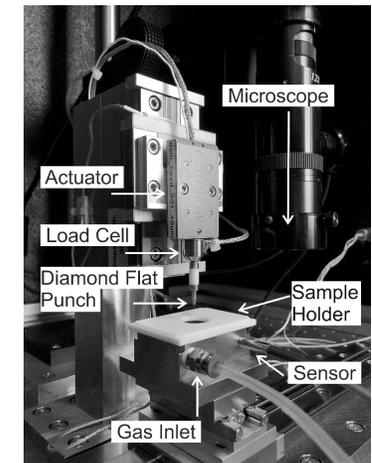
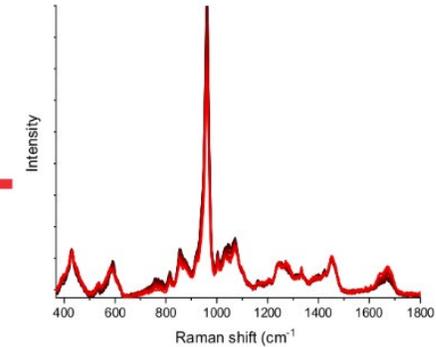
High-throughput experiments on human biopsies

12000 nanoindentations



3000 Micropillar compression experiments of femto-second laser ablation fabricated micropillars

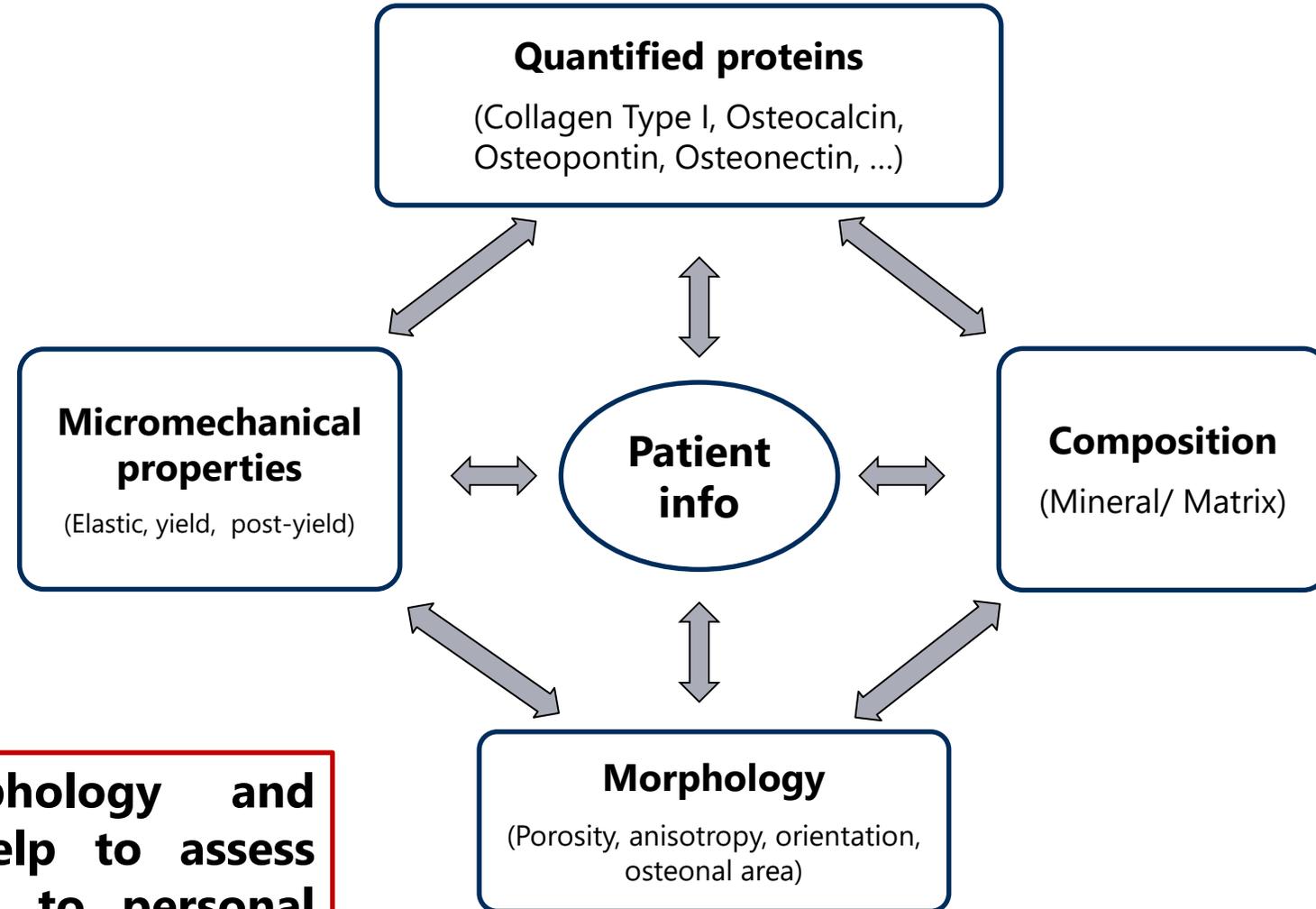
30000 site-matched polarized Raman spectroscopy measurements



Nanoindenter w/ controlled humidity for **near-physiological conditions**

Data analysis

- Database including multimodal experimental and clinical patient information.
- Identification of significant differences between patient groups
- Search for trends in the multimodal dataset using principal component analysis and other unsupervised machine learning methods.



Integration of multiscale morphology and properties with proteotype can help to assess fracture risk and tailor treatments to personal needs based on a single bone biopsy.

Conclusion

- Understanding bone's multiscale mechanical behaviour aims at predicting patient-specific fracture risk more accurately
- We use high throughput biopsy screening using Raman and micromechanics analyses to build up a database of tissue properties for different pathologies
- Normalizing the micromechanical properties by average fibril angle and mineralization helps to reduce apparent data scatter
- Adding information on the proteotype allows investigating the role of specific proteins in bone quality and fracture risk.
- In the long run, alternative non-invasive predictors of the tissue properties are sought to improve clinical diagnostics

Thank you for your attention!

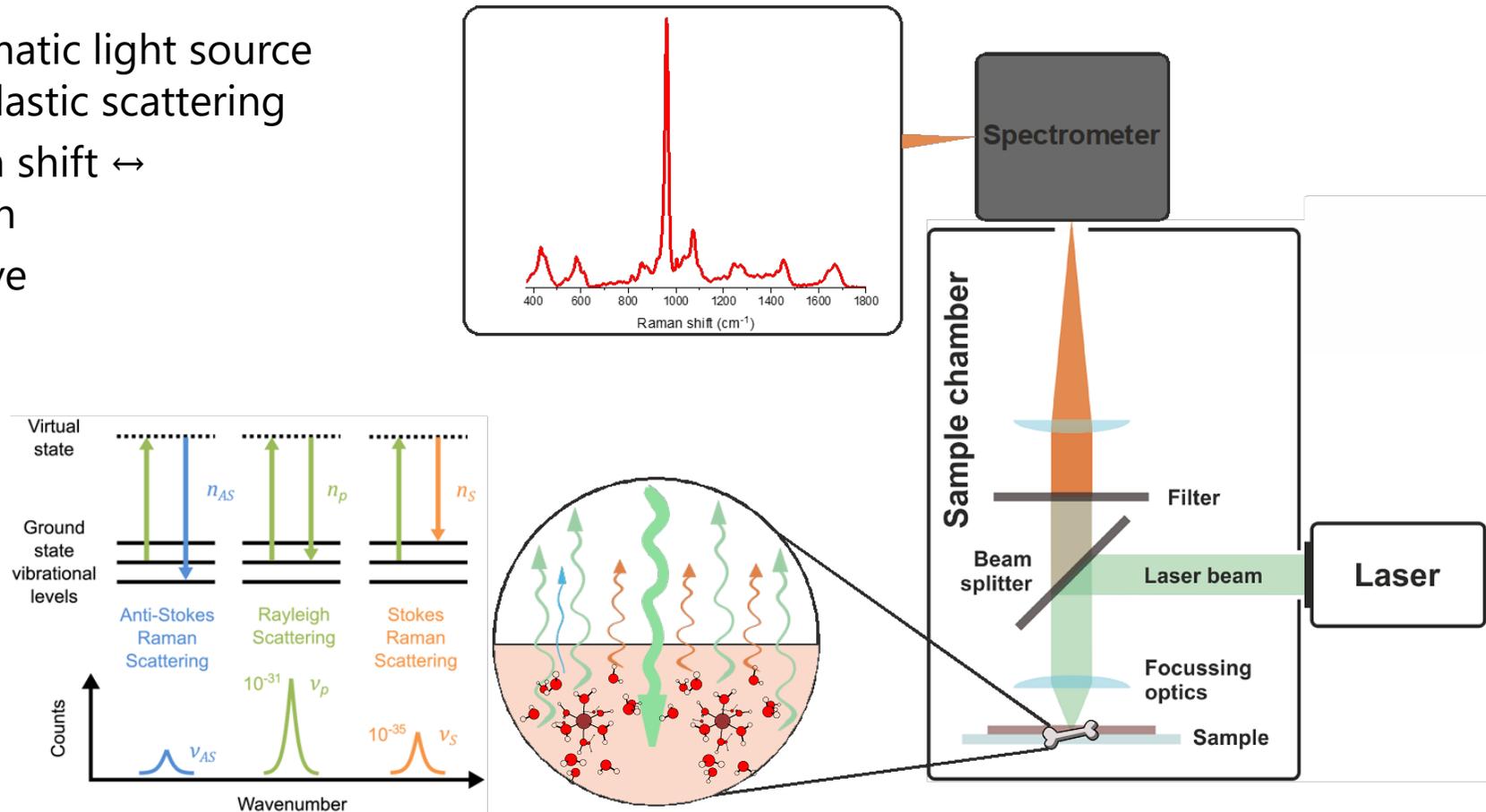
Acknowledgements:

Prof. Dr. Philippe Zysset, University of Bern
Prof. Dr. Klaus-Arno Siebenrock, Inselspital
Prof. Dr. Michel Calame, Empa
Prof. Dr. Antonia Neels, Empa

Prof. Dr. Beat Neuenschwander, BFH
Prof. Dr. Jörn Dengjel, University of Fribourg
Dr. Markus Hanke, Inselspital
Prof. Dr. Bernd Wollscheid, ETH Zürich

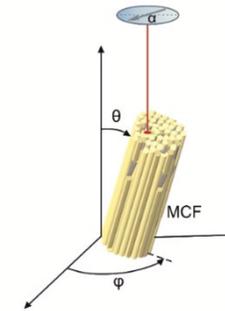
Composition & morphology analysis: Polarized Raman Spectroscopy (PRS)

- Monochromatic light source induces inelastic scattering
- Wavelength shift \leftrightarrow composition
- Non-invasive

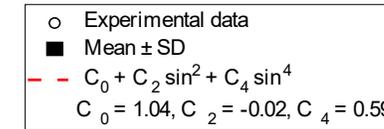
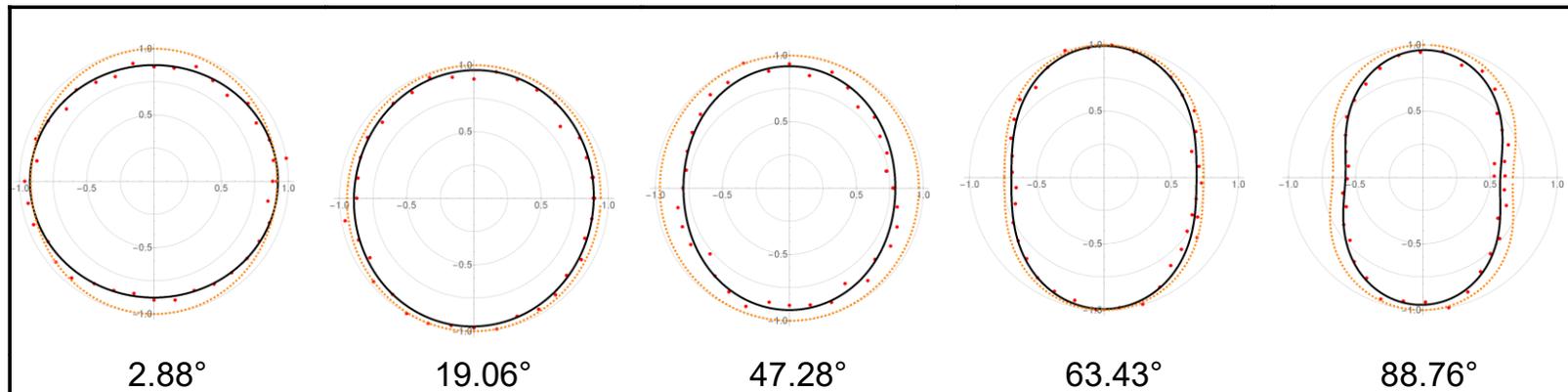


Calibrating PRS on model material for quantitative microstructural analysis

- Mineralized turkey leg tendon (MTLT) – nature model material
- Out-of-plane angles θ of mineralized collagen fibrils were measured with SAXS



Spectral anisotropy parameter vs polarization angle for different MTLT orientations:



Anisotropy (a.u.)

$\theta^{err} = 9.7^\circ$

$\theta (^\circ)$

Bone ECM	Expressed from	Function in bone tissue	Reference
Organic ECM			
Collagenous protein			
<i>Type I collagen</i>	Osteoblast	-Scaffold for bone cells -Maintain bone strength	(Saito and Marumo, 2015)
Types III and V collagen	Bone	-Promote bone formation -Regulate collagen fibrillogenesis -Promote bone	(Fonseca et al., 2014) (Gamero, 2015)
Noncollagenous protein			
Proteoglycans			
<i>Biglycan</i>	Osteoblast	-Promote collagen fibrillogenesis -Promote bone formation	(Moorehead et al., 2019)
<i>Decorin</i>	Osteoblast	-Promote collagen fibrillogenesis -Promote bone formation	(Coulson-Thomas et al., 2015)
<i>Keratocan</i>	Osteoblast	-Promote mineral deposition rates	
<i>Asporin</i>	Articular cartilage or periodontal tissue	-Promote collagen mineralization	(Kalamajski et al., 2009)
γ-carboxyglutamic acid-containing proteins			
<i>Osteocalcin</i>	Osteoblast	-Regulate calcium metabolism -Indicate bone formation	(Mizokami et al., 2017)
<i>Matrix Gla Protein (MGP)</i>	Osteoblast, osteocyte, and chondrocyte	-Inhibit bone formation and mineralization	(Kaipatur et al., 2008)
<i>Periostin</i>	Osteoblast and precursor cells	-Regulate collagen fibrillogenesis -Maintain bone strength	(Wen et al., 2018)
Glycoproteins			
<i>Osteonectin</i>	Osteoblast	-Promote bone formation and mineralization -Regulate collagen fibrillogenesis -Maintain biomechanical properties	(Rosset and Bradshaw, 2016) (Delany et al., 2000)
<i>Thrombospondins</i>	Osteoblast	-Promote bone formation -Regulate collagen fibrillogenesis	(Delany and Hankenson, 2009)
<i>R-spondins</i>	Bone	-Promoter Wnt/ β -catenin signaling -Regulate bone development	(Shi et al., 2017)
Small integrin-binding ligand N-linked glycoproteins/SIBLINGs			
<i>BSP</i>	Mineralized tissues	-Promote bone formation and mineralization	(Marinovich et al., 2016)
<i>OPN</i>	Osteoblast, odontoblast and osteocyte	-Promote bone formation and mineralization -Regulate bone remodeling	(Singh et al., 2018)
<i>DMP1</i>	Osteocyte and dentin	-Regulate phosphate metabolism -Promote bone mineralization	(Jani et al., 2016)
<i>MEPE</i>	Osteocyte and dentin	-Regulate phosphate metabolism -Promote bone mineralization	(Zelenchuk et al., 2015)
Inorganic ECM			
<i>Hydroxyapatite</i>	Bone	-Biomineralization	(Tavafoghi and Cerruti, 2016)